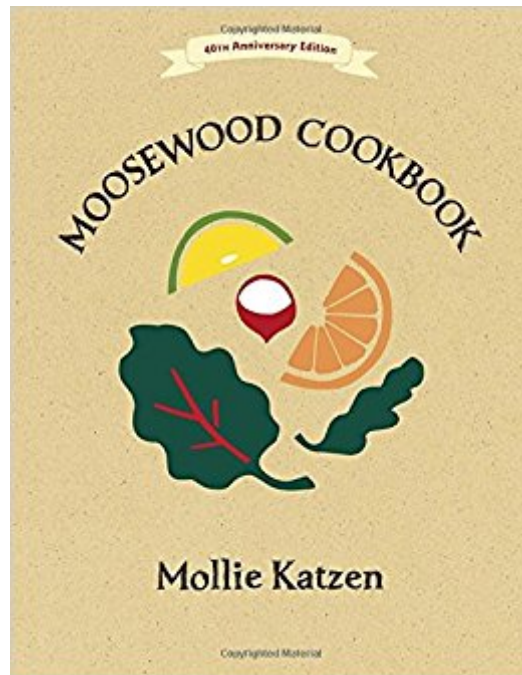




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# The Moosewood Cookbook: 40th Anniversary Edition



## Synopsis

The Moosewood Cookbook has inspired generations to cook simple, healthy, and seasonal food. A classic listed as one of the top ten best-selling cookbooks of all time by the New York Times, this 40th anniversary edition of Mollie Katzen's seminal book will be a treasured addition to the cookbook libraries of fans young and old. In 1974, Mollie Katzen hand-wrote, illustrated, and locally published a spiral-bound notebook of recipes for vegetarian dishes inspired by those she and fellow cooks served at their small restaurant co-op in Ithaca, NY. Several iterations and millions of copies later, the Moosewood Cookbook has become one of the most influential and beloved cookbooks of all time—listed by the New York Times as one of the best-selling cookbooks in history, inducted into the James Beard Award Cookbook Hall of Fame, and coined a Cookbook Classic by the International Association of Culinary Professionals. Mollie's Moosewood Cookbook has inspired generations to fall in love with plant-based home cooking, and, on the fortieth anniversary of that initial booklet, continues to be a seminal, timely, and wholly personal work. With a new introduction by Mollie, this commemorative edition will be a cornerstone for any cookbook collection that long-time fans and those just discovering Moosewood will treasure.

## Book Information

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## Customer Reviews

MOLLIE KATZEN is the best-selling author of twelve books. With more than six million books in print, Katzen is largely credited with moving plant-based cuisine from the fringe to the center of the

American dinner plate, and was named by *Â Â Health* magazine as one of The Five Women Who Changed the Way We Eat. Katzen is a charter member of the Harvard School of Public Health Nutrition Roundtable and is an inaugural honoree of the Natural Health Hall of Fame.

I love the Moosewood Cookbook. My copy of the 1977 edition is tattered, taped up and multi-stained. When the 15th anniversary edition came out, I bought it so I could have a nice, not-falling-apart copy. Even though the cover stated "New Revised Edition". Unfortunately, the recipes had been edited, mostly to remove fat. Some recipes were gone altogether (e.g. Pakora and Tempura Vegetables). Others had eggs and cheese completely or partially replaced by other extra flavors; "Cheese Beans" became "Tart and Tangy Baked Beans", with cheese optional, an extra apple, plus molasses and cider vinegar. I tried both and liked the first much, much better, as with other recipe edits. I bought this 40th anniversary edition for the same reason I bought the 15th. Unfortunately, there was no warning on the cover that I was getting the revised recipes. This isn't the 40th anniversary edition of the original Moosewood Cookbook, it's the 25th anniversary edition of the 15th anniversary edition. I wish I could get a new copy of the original book.

Yes, there are newer and more gourmet vegetarian cookbooks out there. After trying recipes from several of those and having many disappointed reactions from my vegetarian daughter and the rest of the family, I decided to go back to this classic. Yes the recipes are often higher in fat and have some seemingly odd and definitely not gourmet flavor profiles. But you know what? My daughter and I made three recipes from here so far and they were all winners. The Zuccanoes (stuffed with brown rice, cheese, hot sauce, worcestershire, sauteed veggies and pumpkin seeds), the layered Eggplant Parmesan (deliciously browned) and the extra-nutty Pesto were all delicious. We'll be going back to those and trying more. I'd rather have a recipe that tastes delicious and needs tweaking for nutrition, than one that is healthy and lacks flavor. These are family style recipes, rather than restaurant style recipes, and like family recipes you can easily adjust them to ingredients you have on hand or your own tastes. But the combinations and ideas are a good place to get started, especially for those, like me, who didn't grow up with vegetarian cooking. The cooking temps and times have been spot on to get the items to the proper doneness and consistency, and all have protein in the form of nuts, cheese, and or legumes.

Another classic cookbook. I wore out the original paperback book, and am delighted to own a hardback copy now. Many favorite recipes here, especially the soups. I don't notice too many

changes in the anniversary edition from the original. Some of the recipes are more complicated than I want to use for everyday cooking, but fabulous for special dinners.

Great cookbook! A classic and my copy of the 1992 edition has been one of my most used cookbooks. I was glad to see it is now available in a hardcover edition, so I purchased, since my 1992 softcover is getting worn. Classy new hardcover in a gold color with debossed graphics and still has the charming handwritten recipe text and drawings and of the original. I did not notice any differences in recipes between the 1992 and 2014 version - even the page numbers appear to be the same. Recipes are fabulous. The Salad chapter really excels - love the lentil bulgur salad (has become my potluck mainstay), gingery marinated chickpeas, Balkan cucumber salad, Bermuda salad, marinated sweet potatoes and broccoli, white rabbit salad (easy, healthy and delicious). Other favorites are: lentil soup, Bulgarian pepper casserole (amazing way to use lots of green peppers, liked by even green pepper haters), gado gado, samosas, tortillas. I have made lots of other recipes in the book and all were great. Highly recommended!

I've used this book since it came out in the 1970's, have had to purchase it a few times because it always fell apart. It's wonderful to have it in a hard copy now. This is a wonderful vegetarian cookbook. I've made almost every recipe and they've never failed. Good wholesome cooking.

My nephew was looking for vegetarian cook books (he is new to eating this way) this has some good recipes. I love that there is a pantry list to give ideas of what to keep in the house to help prepare and cook the foods

Classic must have cookbook! I grew up with my mother making recipes from this and now I own two different versions. I gave this copy as a gift and they loved it. Even if you aren't vegetarian you will still love the recipes.

I love this cookbook! I have purchased several copies over the years -- a paperback, that eventually fell apart, and a used hardback that I still use to this day. I bought this for a friend, but it is so nice I may end up keeping it and buying a second copy. Great recipes, and love the handmade look (handwritten text, hand drawn illustrations).

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